

DRESS CODE

Metro's dress code reflects a look that upholds the image of MCA:

- Is pressed, tailored, neat, respectful, and modest
- Does not draw attention to one's appearance
- Eliminates competition for clothing items and status symbols
- Creates a standard that can be enforced equitably among all students

Dress-code guidelines apply from the time students enter the building until school dismissal. When it is determined a student's clothing does not comply with the dress code, a parent/guardian may be asked to bring an appropriate change of clothes. If the violation of dress code cannot be rectified the student will be sent to in-school suspension. The student may also receive a disciplinary consequence for violating school's dress code policy. Casual-dress guidelines apply at school-sponsored activities where students represent MCA, including but not limited to sporting events (home or away), field trips, fine-art competitions, and social events. Students who do not comply will be asked to address the infraction immediately.

The principals and Dean of Students determine compliance with all dress-code guidelines. Dress-code guidelines will be enforced as written.

UNIFORM DRESS

Lower Body

Skirts

Optional for chapel dress for girls.

Colors	Uniform plaid, navy, or tan (C&J Uniform style)
Length	Must fall no more than 2" from the top of the kneecap bone while standing in a straight, upright posture. Please plan to lengthen skirts as necessary as students grow over the years. Repeated non-compliance with this guideline will result in a "skirt ban" for the remainder of the semester.

Slacks

Required for chapel for boys. No sagging or baggy slacks. No skintight or close/form-fitting shorts are allowed.

Colors	True navy and tan, no shades of green, brown, white
Style	Polyester/cotton twill, plain cotton, or corduroy (no jean style or brads); tailored; neatly hemmed; straight or tapered legs; cuffed or plain hem. Cargo style does not meet requirements; no obtrusive labels.
Pockets	No patch or oversized pockets

Length	Above floor
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Shorts

May not be worn on chapel days. No sagging or baggy shorts.
No skintight or close/form-fitting shorts are allowed.

Colors	True navy and tan, no shades of green, brown, white
Style	Polyester/cotton twill, plain cotton, or corduroy (no jean style or brads); tailored; neatly hemmed; straight or tapered legs; cuffed or plain hem. Cargo style does not meet requirements; no obtrusive labels.
Pockets	No patch or oversized pockets
Length	No more than 5 inches from floor when kneeling

Upper Body

Dress Shirts

Neat and tucked in at all times. No insignias, emblems, or printing.

Fabric	Oxford; no chambray or denim
Color	Solid white or light blue
Sleeves	Short or long; if long, buttoned at cuff or rolled up
Collar	Button-down, with both buttons buttoned
Pockets	Single; no flaps or buttons
Buttons	No more than top 2 buttons unbuttoned
Style	Modest cut; not fitted

Knit Polo Shirts

Neat and tucked in at all times. No insignias, emblems, or printing except for MCA crest. May not be worn on chapel days.

Color – boys	White or navy
Color – girls	Navy or red; C&J Uniform pique style
Buttons	No more than 3
Style	Not fitted; long enough to stay tucked in

Turtleneck Shirts

Worn only under sweater, vest, sweatshirt, or long-sleeved dress shirt.

Color	White or navy
Style	Full or mock

Undershirts

T-shirts or camisoles. May be worn under uniform shirts.

Color	Plain white; no printing
Sleeves	Length may not exceed outer shirtsleeve length

Sweaters

School uniform style (lies flat, minimal ribbing) or micro fleece. Uniform shirt or turtleneck must be worn underneath. No emblems except MCA logo.

Colors	Solid navy, gray, black
Style	Pullover (crew or V-neck), cardigan, or vest. Hoodie sweaters are not allowed for uniform dress.

Sweatshirts

Metro Mart or MCA crest brand only. Uniform shirt or turtleneck must be worn underneath.

Colors	Navy, gray, white
Style	No hood; finished neck, sleeves, hem

Jackets/Outerwear

Only tailored blazers or micro fleece jackets are allowed for everyday wear. No other jackets or vest jackets are permitted. No logos permitted. A gray Metro jacket with athletic logo, sold only through the Metro Mart, is permitted for everyday wear. Uniform shirt or turtleneck must be worn underneath. All other athletic jackets/outerwear is reserved for spirit and/or casual dress days. Blankets are not considered outerwear, and are not permitted in classrooms, nor are they to be carried throughout the school day.

Color	Navy or black blazer; solid navy, gray, black micro fleece
Blazer style	Tailored, worn with uniform shirt

Footwear

Shoes

Appropriate footwear must be worn at all times. Dress shoe for middle school or high school

Colors	Solid navy, black, brown, tan or gray
Style	Leather, canvas or suede dress loafer or laced dress shoe; fully enclosed heel and toe; a non-marking sole and heel; 2-inch maximum heel. Students may not wear house shoes, shoes that are fur-lined, clogs, flip flops, slippers, platform shoes, athletic slides, or heelies (shoes with retractable wheels).

Tennis shoes are not acceptable footwear except for spirit dress and/or casual dress days.

Boots

Dress or cowboy boots only, worn only UNDER slacks, pants, jeans, and/or leggings. Cowboy boots are not allowed with skirts or dresses.

Fasteners	No more than 6 eyelets or zipper
Style	No work boots, hiking boots, combat boots, or snow boots

Sandals

Restricted to casual dress days or events. Flip-flops are not allowed during school hours.

Socks

Colors	If worn, must be plain, solid navy, white, black, gray, or tan. No patterns, embellishments, visible trim, stripes or bands. Minimum emblem allowed.
Hose/Tights / Leggings	Plain, solid colors, color coordinated with uniform or in a neutral shade. Tights or leggings worn with socks must be the same color. Tights worn alone must cover entire foot. No ankle or capri leggings are permitted.

Accessories

Belts

Pants with loops require a belt. Belts are prohibited if pants do not have loops. Must have traditional size and style buckle.

Colors	Solid navy, black, or brown
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Suspenders

For boys only. Conservative colors and style, coordinating with uniform.

Ties

Optional for boys on chapel days. May be required for special events and/or dress days.

Hats/Scarves/Headbands/Sunglasses

Hats, sunglasses, or scarves are not allowed in the building from the time students enter the building until school is dismissed. No bandanas. Headbands should be simple in style, color coordinated with uniform, and must be worn in the hair. No headbands are to be worn across the forehead.

Accessories (cont'd)

Jewelry

Modest in color and style; nothing outlandish.

Earrings	Girls only; simple style; maximum 2 pair at one time
Necklaces	Simple style
Bracelets	Limit 2 per arm, including watch
Rings	Limit 2 per hand

SPIRIT DRESS

Spirit Dress may be worn each Friday during the month, unless otherwise notified.

Bottoms	Solid-color slacks, jeans, shorts (no more than 5" from the floor when kneeling), or skirts (must fall no more than 2" from the top of the kneecap bone while standing in a straight, upright posture. No pajama pants, sweatpants, yoga pants, leggings/jeggings, athletic pants, and/or athletic type gym shorts. No torn clothing or clothing with holes. Running style shorts or pants/tights are not allowed.
Tops*	Approved short or long-sleeved t-shirts, crew or hooded sweatshirts, jackets, pullovers. Must be red, white, navy blue, or gray in color. Uniform approved sweaters in solid navy, gray or black may be worn.
Shoes	Uniform, canvas, athletic, or leather shoes with mid- to low-cut top. Shoes laced and tied at all times. No sandals. Flip flops, house shoes/slippers, or sliders are not allowable footwear.

* Any item and/or its design(s) may ONLY be approved for Spirit Dress wear by MCA Administration or the Athletic Director, and must include Metro Christian, or Metro Christian Academy, the athletic "M" Patriot head brand, or the MCA crest. All other apparel or designs sold or made available are limited to Casual Dress days only! This includes any club, team, or organization associated with MCA. Camp t-shirts, or shirts with visible advertising are NOT approved Spirit Dress wear.

CASUAL DRESS

When allowed, casual dress is almost complete free choice as long as clothes are modest and not torn or ragged. Shorts must be no more than 5" from the floor when kneeling. Clothes may not bear inappropriate messages or logos. Halter tops, tank tops, sundresses, strapless tops, spaghetti straps, sagging clothing, and excessive jewelry are not allowed. Length of dresses and skirts may not be more than 2 inches from the top of the kneecap bone while standing in a straight, upright posture. Slits may not extend higher than 5 inches from the floor, front and back. Flip-flops are not allowed during school hours. Leggings are not viewed in the same way as pants. If worn, must be under dresses or skirts of proper length. May not be worn with shorts of any length. No pajama pants/shorts or yoga pants are allowed.

HAIR STYLES/FACIAL HAIR/PIERCINGS/TATTOOS

Hair must be clean and neat, out of the eyes, and non-distracting. No unnatural hair colors or outlandish/faddish styles. Boys' hair must be conservative; no ponytails. Back of boys' hair must be above the collar, sides must be above the centerline of the ear, and front must be above the eyebrows. Young men not in compliance will not be allowed to attend classes.

Boys must be clean-shaven at all times. Sideburns must be neatly trimmed, no longer than the bottom of the ear.

Violation of the MCA dress code will result in a written referral, and the following disciplinary action(s):

- 1st Offense: Parent contact, written warning
- 2nd Offense: Parent contact, After-School detention
- 3rd Offense: Parent contact, Saturday School
- 4th and additional Offenses: Parent contact, In-house Suspension