

ATHLETIC CAMP SUMMARY: WEEK AT A GLANCE
THIS IS AN OVERVIEW OF ALL AGE ATHLETIC SUMMER CAMPS BEING OFFERED AT METRO
CHRISTIAN ACADEMY THIS SUMMER. CAMPS ARE LISTED BY CAMP, DATE, TIME, LOCATION, AND
COST. FOR MORE INFORMATION AND TO REGISTER FOR AN ATHLETIC CAMP GO TO: HTTPS:// METROCHRISTIANACADEMY.STORE.RANKONESPORT.COM/CAMP/LIST.

STRENGTH / SPEED / AGILITY WORKOUTS							
CAMP	AGE	DATES	TIME	LOCATION	COST		
ALL SPORTS	9th - 12th Grade	IVI/ I / I H/ F	8:00am - 10:00am	APC	\$125		
ALL SPORTS	3rd - 8th Grade	June 10 - July 26 M/T/TH/F		Various Athletic Facilities	· ·		

BASEBALL							
CAMP	AGE	DATES	TIME	LOCATION	COST		
Metro Baseball Camp	2nd - 8th Grade (boys)	June 4 - June 7 (Tuesday - Friday)		Baseball Field / Indoor	\$90		

BASKETBALL - BOYS							
CAMP	AGE	DATES	TIME	LOCATION	COST		
Patriot Basketball Skills Camp	1st - 4th Grade	May 28 - 31 (Tuesday - Friday)	8:30am - 11:30am	Metro Large & Small Gyms	\$90		
Patriot Basketball Team Camp	9th - 12th Grade	June 3 - 6 (Monday - Thursday)	8:30am - 11:30am	Metro Large & Small Gyms	\$90		
Patriot Basketball Skills Camp	5th - 8th Grade	June 3 - 6 (Monday - Thursday)	12:30pm - 3:30pm	Metro Large & Small Gyms	\$90		

BASKETBALL - GIRLS							
CAMP	AGE	DATES	TIME	LOCATION	COST		
Lady Patriot Middle School Basketball Camp	6th - 8th Grade	May 28 - 31 (Tuesday - Friday)	8:30am - 11:30am	MAC	\$90		
Lady Patriot High School Basketball Camp	9th - 12th Grade	May 28 - 31 (Tuesday - Friday)	12:30pm - 3:30pm	Metro Large Gym	\$90		

CHEER							
CAMP	AGE	DATES	TIME	LOCATION	COST		
Metro Cheer Training Camp	K5 - 6th Grade (girls)	July 15 - 18 (Monday - Thursday)		Metro Small Gym / MAC			

FOOTBALL						
CAMP	AGE	DATES	TIME	LOCATION	COST	
Patriot Varsity Individual Football Camp	9th - 12th Grade	July 10 - 12 (Wednesday - Friday)	8:30am - 11:30am	Varsity Practice Field	\$90	
Middle School Patriot Football Camp	7th - 8th Grade	July 10 - 12 (Wednesday - Friday)	1:30pm - 4:30pm	Varsity Practice Field / IPF	\$90	

SOCCER						
CAMP	AGE	DATES	TIME	LOCATION	COST	
MCA Youth Soccer Camp	Ages 4 - 14 (boys & girls)	1 17 00	12:30pm - 3:30pm	Indoor Practice Facility	\$90	

TENNIS							
CAMP	AGE	DATES	TIME	LOCATION	COST		
Patriot Tennis Camp	1st - 8th Grade (boys & girls)	June 3 - 6 (Monday - Thursday)	8:30am - 11:30am	Graham Park Courts	\$90		

VOLLEYBALL						
CAMP	AGE	DATES	TIME	LOCATION	COST	
Patriot Volleyball Camp	9th - 12th Grade	June 10 - 13 (Monday - Thursday)	8:30am - 11:30am	Metro Large Gym	\$90	
Patriot Volleyball Camp	1st - 8th Grade	June 10 - 13 (Monday - Thursday)	12:30pm - 3:30pm	Metro Large Gym	\$90	

WRESTLING						
CAMP	AGE	DATES	TIME	LOCATION	COST	
Patriot Wrestling Camp	PreK - 9th Grade (boys & girls)	June 18 - 21 (Tuesday - Friday)	8:30am - 11:30am	MAC	\$90	