



REMOTE LEARNING STUDENT SUCCESS

Metro Christian Academy
High School Counseling

Content Courtesy:

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TREAT YOUR ONLINE CLASS LIKE A REAL CLASS!

- “Show Up” for class, this means don’t put work off until later, or it will pile up.
- Treat your class like it is a job you must complete before you get paid.
- Show up with a good attitude and get to work.



HOLD YOURSELF ACCOUNTABLE

**Wake up
motivated.
Nothing works
unless you
work. Nothing
changes unless
you change.
Dominate the
day.**

Author: @tonygaskins
Made by @thegoodquote

Set Goals & Check in frequently.

Set Reminders for upcoming Due Dates & plan time to make sure you've allotted enough time to complete the work.

Pair up with another classmate and remind each other when to work on things.

Be organized, proactive, and self-aware.

PRACTICE TIME MANAGEMENT

Create a daily schedule to follow.

Set reminders for yourself.

Try time blocking- allot yourself a certain amount of time for each task. Set a timer to keep you accountable

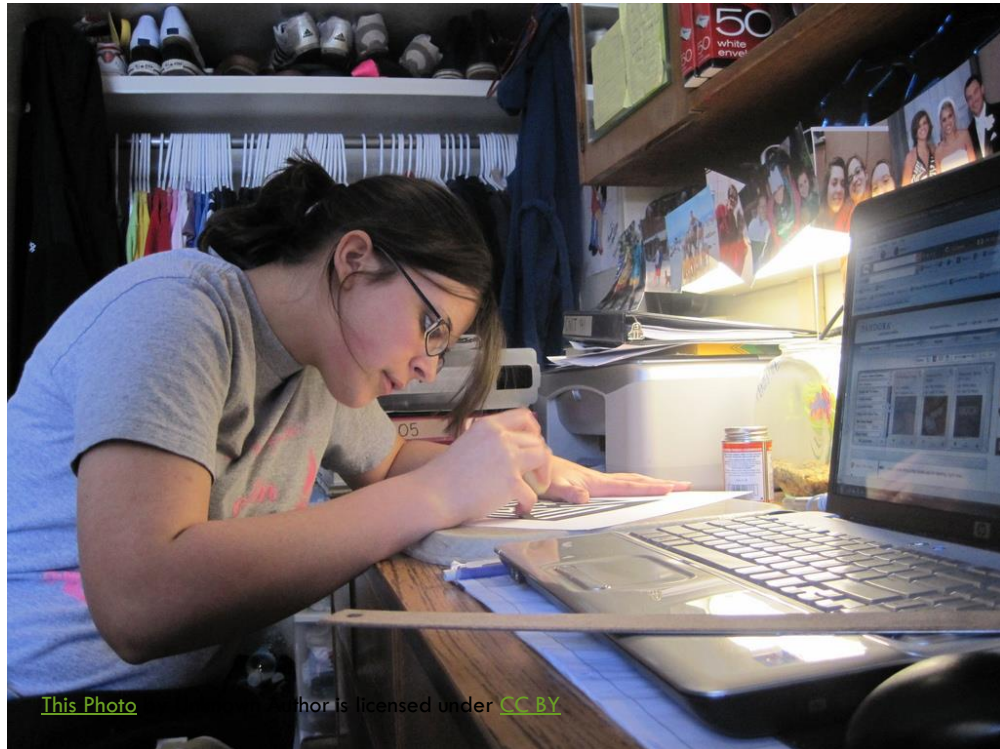
Check in daily to make sure you are meeting deadlines.

Make a daily to do list.



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CREATE A REGULAR STUDY SPACE & STAY ORGANIZED



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Set up a dedicated learning environment for study. Find what works best for you.

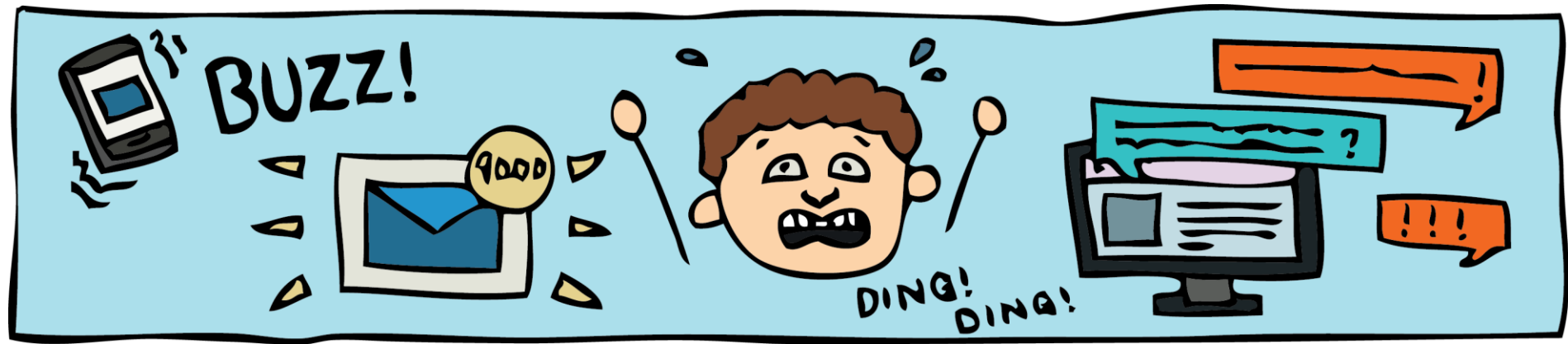
Make sure you are comfortable and will be able to sit for your study duration.

Use headphones to listen to lectures.

Know exactly where important paperwork is.

Set up a calendar with all important dates.

ELIMINATE DISTRACTIONS



You will be faced with many distractions that can easily derail your studies.

Find a strategy that works best for you, you can listen to music, find a quiet study space, turn your cell phone off, only open websites for study and avoid surfing the web.

Avoiding distractions will help you be more successful in your online learning.

FIGURE OUT HOW YOU LEARN BEST

Think about when and how you accomplish your best work.

- Are you a morning person or more of a night owl? Work during your most productive time.

Think about what types of information help you best understand new concepts and try use those strategies when working.

- If you are a visual learner, you can print out the transcript of a video to review.
- If you learn by listening, make sure you give yourself time to play and replay video.



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ACTIVELY PARTICIPATE

Engage in class discussions online.

Ask questions!

Check in as often as you can.

Set a goal to check class discussion threads every day.

If you feel like you are falling behind speak up, don't wait until your assignment is due to speak up.

Email your teachers and be proactive in asking for help!



PRACTICE PRACTICE PRACTICE

Don't give up when you don't understand. It takes practice to understand new concepts.

Keep practicing!

Rewatch videos

Reread content

Practice will help you feel confident in the materials provided!

“Practice isn't the thing you do once you're good. It's the thing you do that makes you good.” - Malcolm Gladwell

STAY MENTALLY & PHYSICALLY HEALTHY

You will be spending a lot of time on your computer; it is important that you stay healthy. Remember to:

Take breaks,

Go on walks- It's important to move,

Schedule your distractions,

Get the recommended amount of sleep,
and

Eat foods that nourish your body.

