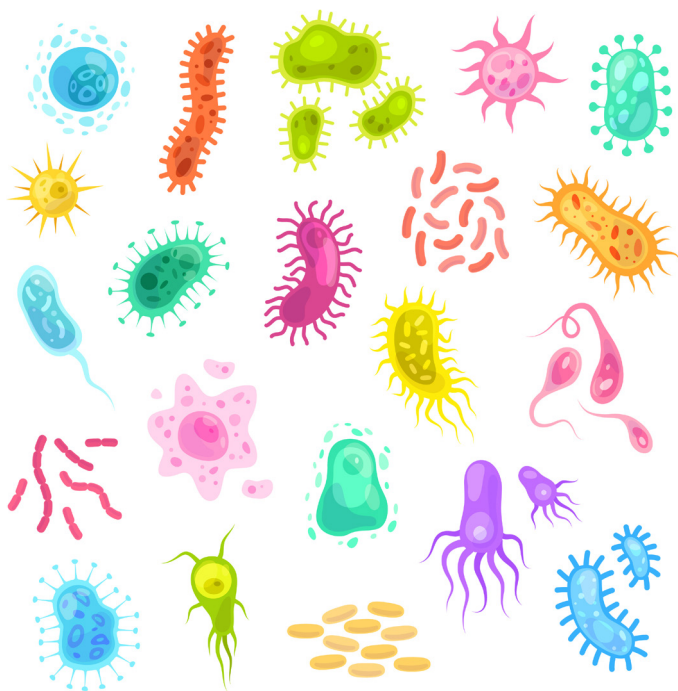




My New Home School

Written by Chloe Drulis

Concept by Chloe Drulis and Mary Gianatasio



I've been learning a lot about germs and the coronavirus. I know that most germs are healthy but some germs can make my body feel sick.



A lot of people are getting sick from germs with a virus called the coronavirus. Now there is a plan to stop spreading germs.



I can remember that I am safe and healthy. I don't need to worry!



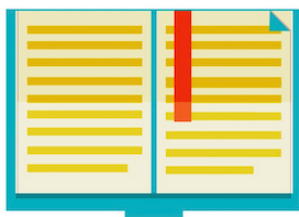
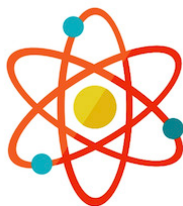
Places that have a lot of people have a lot of germs. Those places, like my school, will be closed for a while.



School is where I go every day to learn.
Learning is really important and helps my
brain grow!



I can learn anywhere! While my school is closed, I am going to be learning at home.



My teachers care about me and know me very well! They made a learning-at-home plan that they know will work best for me.



Some parts of my day will be the same as they always are and some parts will be different!



In the morning, I am still going to wake up, get dressed, and have my breakfast!



During the day, I am still going to have a learning plan! My teachers might send work to my house, teach me on the computer, or pick activities for me to do at home.



At night, I am still going to have dinner and special time to spend with my grown-ups.



I will get to have fun breaks in the day where I can play with my favorite toys, have a snack or go for a walk and play outside!



Learning at home is a new plan for our family, which means it might change. I will work hard to be flexible while we try to find what works best for us!



While I'm learning at home, my grown-ups might be working at home.



We will get to have more time together,
which is really special. I love being with
my grown-ups!



I will be focused on learning and playing
and my adults might need to spend time
working.



It might be hard when my grown-ups are busy working and can't play with me. It's okay, I know how to make my own fun with my toys and imagination!



I can always ask to make a plan to have special time together when they aren't busy!



I might miss seeing my teachers and friends or going to parks and playdates. It's okay to feel sad or confused. These changes are only for a little while!



I can always tell my grown-ups how I'm feeling. They will help me feel better and find new ways to have fun at home!



Just like I do when I'm at school, I
am going to have days that are full
of learning and playing!



Learning at home is part of the plan to stop spreading germs in my community. Once the doctors know that everything is healthy again, I will go back to school!



I can remember that lots of helpers are working hard to protect us from the coronavirus. It's not my job to worry!



My grown-ups will always take care of me
and keep me safe!

Coronavirus Books for Children

Chloe Drulis and Mary Gianatasio are child development specialists who wrote two books to help children understand and cope with the effects of the coronavirus on their lives.

The books are as follows:

1. **What is the Coronavirus** reframes the international crisis from the perspective of a child, breaking down what they need to know and what they can do to feel safe.
2. **My New Home School** addresses the abrupt transition to home-based learning. It helps children adapt to changes in their routine while providing parents with strategies to balance parenting, work, and homeschooling.

These stories are not copyrighted and everyone is welcomed to distribute these free resources to the community.

The printable PDFs of these books are attached. The files are also available to download online at www.bigideasforlittleminds.com.

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